



KVUUC NEWS

April 2019

Inside this issue:

Worship & Upcoming Events	1
Earth Day Thoughts	2-3
Local News	4-6
Inspirational Thoughts	7
Advertisements	8

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STAFF

Minister: Rev. Ken Jones

minister@kvuuc.org

Director of RE: Maggie Patterson

recoordinator@kvuuc.org

Music Director: Jan Jaffe

music@kvuuc.org

Worship in April

April 7

The Power of Memory

Rev Ken Jones

Soulful Sharing with Rev. Ken 1:00 - 2:30

April 14

Earth Day in Urgent Times

April 21

Easter/Spring Traditions

April 28

Soul Matters - Wholeness

Jan Jaffe and Choir

May 4

Annual Meeting

KVUUC, 6:00pm

Potluck, Elections, Budget

KVUUC needs folks interested in outreach through our website Facebook, and newsletter, No prior knowledge is required—we'll provide the training.

Tracking money your thing—we need some new blood working with the books.

Also if you are interested in please email Jim at schwing@fairpoint.net

Upcoming Special Events

PRESCHOOL MUSIC EXPLORERS

Apr 3, 10, 17, 24 - 10:45 am-Noon
KVUUC

SOULFUL SHARING WITH REV. KEN

Sun Apr 7 - 1:00 pm-2:30 pm

KVUUC, snacks available

OUR ENVIRONMENT

Tue Apr. 9 - 6 pm, Sat Apr 27 - 9:00 am

United Methodist Church

KVUUC BOARD MEETING

Sun Apr 14 - 12:30 pm, KVUUC

VEGETARIAN SOCIETY

Tues, Apr 16 - 6:00 pm

IOOF Hall

SUSTAINABLE FILM SERIES

Thu Apr 26 - 6:00 pm, KVUUC

(pizza & popcorn)

ANNUAL MEETING & POTLUCK

Sat May 4 - 6:00 pm, KVUUC

Childcare available

**The theme for April is:
Wholeness**



IT'S SPRING!

EARTH DAY IN URGENT TIMES

By Tracey Robinson-Harris

There is something different about this Earth Day. Maybe it's just me, immersed in the bad news. There's been an abundant plenty of it in the last several weeks.

The population of Chinstrap penguins is declining because many, many newborn pups are not surviving. The krill they eat thrives below the ice and the ice is not there. Neither is enough krill. Less food, more deaths.

Polar bears are drowning as they try to find food. There's talk that they are approaching endangered species status. The ice floes they rely on to help them get their food are fewer and farther between, so exhaustion sets in before ice or food can be found.

Scientists report that eighty-four percent of Antarctic glaciers have retreated in the past fifty years, as the average temperature in the region rose four and half degrees. The Sjogren Glacier has retreated by a record nine miles since 1993, surpassing anything ever seen or expected. The warming oceans have caused giant icebergs to calve off, tumbling like tumble weeds into the water, an Antarctic version of the dust bowl that scientists now suggest will return to the southwestern US.

In my own front yard, the rhododendron open and close their leaves with every temperature change whiplashing from season to season in a matter of days and doing it repeatedly.

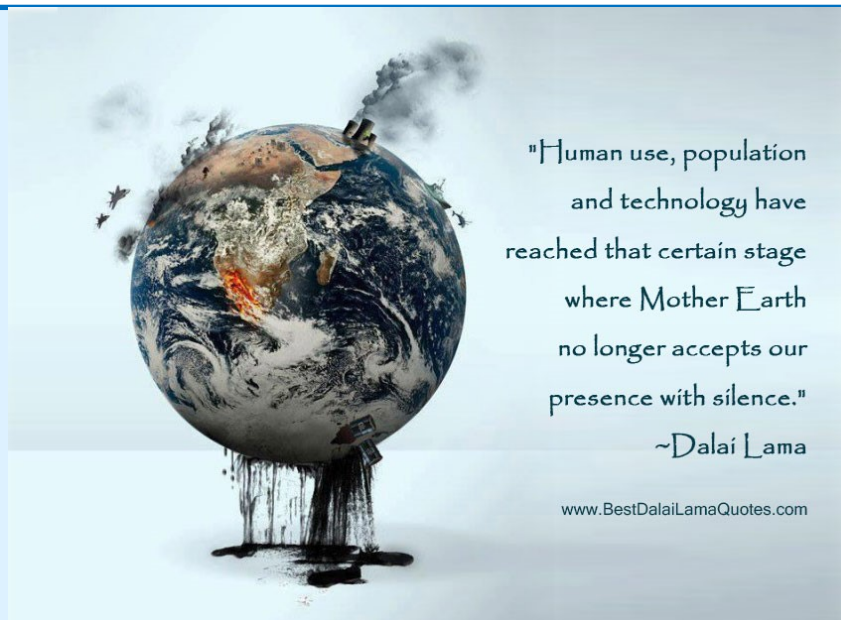
Each day I pass a nesting site for great blue herons. Usually the birds are back in residence long before now. This year I have seen only one or two lone birds and no sign yet of nesting season having begun.

More still:

Sheila Watt-Cloutier, a Canadian Inuit, traveled to Washington, D.C., hoping to get the attention of the United States government with a simple and clear message: climate change is killing her people. They rely on frozen ground and ice to get to the animals during hunting season. The ice has been unusually thin. More of her people have died this year than in recent memory deaths the result of thin ice; thin ice the result of climate change.

She wants us to understand that global warming is creating a situation that violates the human rights of indigenous people living close to sea-level across the globe. But Joe Barton, a congressman from Texas, believes that, although hundreds of thousands of Asian Pacific Islanders might be forced to leave their homes, the rest of us should focus on the benefits of climate change!

Think of benefits to countries in the northern hemisphere like Russia, where global warming would mean a longer growing season and more food. In the tropics, climate change will likely be a wash. And in the southern hemisphere it could go either way, but there could be significant benefits, he claims... just think of the benefits!



All of this is swirling around in me as I try to imagine what my pagan soul can stand for. What can I pray for, hope for in this season that is traditionally a time of honoring the earth, celebrating new life, rebirth and the return of spring?

No simple song singing the earth's beauty will do. No honoring of the season's turning is possible without acknowledging that these are urgent times.

Recent reports from the intergovernmental panel have confirmed it. Human activity is significantly responsible for climate change and global warming. We are responsible. The ancients who honored the solstices and the equinoxes did not share the same sense of certainty that we take for granted—the certainty that spring will come again. As their ancient spirit lives on in us we do as they did and honor this earth our home. But this year and at least for me as never before that honoring is tempered with fear. It is an urgent fear. It is the fear that we cannot count on spring.

We cannot count on spring. We cannot count on the earth's capacity to renew itself. We cannot count on this season of rebirth and renewal to return year after year after year.

As a Unitarian Universalist I stake my life on our interdependence—the interdependent web of all existence of which we are a part—and draw sustenance from earth-centered traditions that guided and still guide the lives of many peoples and cultures. This time, this year, we need to reclaim that interdependence and the wisdom of those sources. Our individualism—whether as persons or nations—has led us to act as if we can meet our personal needs, sustain our lifestyles, attend at a time of our choosing to those in need, conserve a little when it is convenient and use as much as we “need” for our comfort. Our government now says that signing on to the Paris accords is too costly in dollars and jobs. Yet there is the will and the money to spend billions on a war over oil.

This spring, in this season of rebirth and renewal, perhaps it is to our own souls we should attend. This planet, as never before, depends on us. We are all on thin ice.

KVUUC Annual Meeting, Sat May 4

Here's how you can help.

- Attend the meeting, it's fun, it's a potluck, we make important decisions, we have child care.
- Nominate someone - Co-President, Treasurer, Secretary, Financial Secretary. Contact Debbie Williams with nominees.
- Nominate a charity for our annual giving. Contact Jim Schwing with nominees.
- Write your committee reports.
- Bring your budget ideas.
- Childcare available.
- See you there.

Religious Education in April

Date	When	What
Apr. 7	during service	Regular Religious Education
Apr. 14	during service	Regular Religious Education
	4:00 - 5:30pm	Discussion in the zendo: In the Name of God - Islam
Apr. 21	during service	Happy Easter - Regular Religious Education
	Time TBA	Easter service at local church
Apr. 28	during service	Celebration Sunday: Guest Becca Wassell will join all ages of children in the Zendo. She will lead a stream clean-up.
	Time TBA	Easter service at Prophet Elijah in Ellensburg

OUR WHOLE LIVES: LIFESPAN SEXUALITY EDUCATION

Honest, accurate information about sexuality changes lives. It dismantles stereotypes and assumptions, builds self-acceptance and self-esteem, fosters healthy relationships, improves decision making, and has the potential to save lives. For these reasons and more, we are proud to offer Our Whole Lives (OWL), a comprehensive, lifespan sexuality education curricula for use in both secular settings and faith communities.

Interactive workshops and lessons engage participants, while step-by-step instructions for program planners and facilitators help ensure success. Six curricula speak to participants' needs, by age group:

- grades K-1
- grades 4-6
- grades 7-9
- grades 10-12
- young adults
- adults

Our Whole Lives helps participants make informed and responsible decisions about their sexual health and behavior. With a holistic approach, Our Whole Lives provides accurate, developmentally appropriate information about a range of topics, including relationships, gender identity, sexual orientation, sexual health, and cultural influences on sexuality.

KVUUC is offering grades K-1 starting this April.

K-1 OWL* Schedule:

Thursday, April 4: Parent Mtg, 6-7:30pm

Sunday, April 7: Parent/Child Orientation (mandatory for all participating families), 3-5:30

Thursday, April 11: Session One, 5:30-7:00

Sunday, April 14: Session Two, 3-4:30

Thursday, April 18: Session Three, 5:30-7:00

Sunday, April 21: Session Four, 3-4:30

Thursday, April 25: Session Five, 5:30-7:00

Sunday, April 28: Session Six, 3-4:30

Thursday, May 2: Session Seven, 5:30-7:00

Sunday, May 5: Session Eight (Final Session), 3:00-5:00 (Families invited to join at 4:30)

*See Kristen Paton, Dan Shissler, or Leah Irwin for more info about the OWL Program



circle suppers

are hosted potlucks. The host chooses a date and decides how many folks can be accommodated. Those who sign up are contacted and receive a general category of food to bring so that the meal will be reasonably balanced. The cozy setting of a home, the intimacy of sharing a meal, the extra time for conversation.

Sign-up sheets are available on Sunday. Please see Janet Adams

LOCAL NEWS

OUR ENVIRONMENT

NOTE: Our Environment meets on Tuesday Apr. 9 at 6:00 pm and Saturday Apr. 27 at 9:00 am—at the United Methodist Church. All are invited.



The emphasis is on what we can do locally that will affect the future of our planet by being active in working with various organizations in our community to make changes that are essential—please join us!

Bee Garden Buzz

Catmint — A “Must-Have” Perennial

Catmint is a perennial that is long blooming, heat tolerant, resistant to pests and diseases, and easy to grow. Years of experimenting have demonstrated that it is drought-tolerant and deer-resistant. It has attractive gray-green foliage that emerges in neat, tidy mounds in April. By May, the plant fairly explodes with a profuse haze of soft lavender-blue flowers. This herbaceous perennial is a member of the mint family (*Lamiaceae*), which includes lavender, rosemary, thyme, bee balm and giant hyssop. Finally, catmint is a veritable bee and butterfly magnet. As a bonus, hummingbirds love it as well.



HOW TO CARE FOR CATMINT

Give catmint plenty of space as it tends to grow wider than tall.

Although it prefers full sun, catmint will thrive with some afternoon shade.

Keep new plants or transplants watered until they can fend for themselves. After that, established plantings are drought and heat tolerant.



Thoughts from Around the Country

THE HOLY WORK OF SHOWING UP

How is it with your soul?

This is the question that John Wesley, Anglican priest and the founder of Methodism, was known to ask of participants in small reflection groups. I ask you because, for me, this has been a hard week. So, beloveds, how is it with your souls?

If your response to that question is anything like mine, I want to invite you to pause as you read this. Take a deep breath, say a prayer, sing a song, light your chalice, feel the force of gravity pulling us all toward the same center—whatever helps you feel more rooted and less alone.

Now do it again. And again, and again.

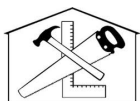
And, once you feel that rootedness and connection, hear this:

You are loved beyond belief. You are enough, you are precious, your work and your life matter, and you are not alone. **You are part of a "we,"** a great cloud of witnesses living and dead who have insisted that this beautiful, broken world of ours is a blessing worthy of both deep gratitude and fierce protection. Our ancestors and our descendants are beckoning us, compelling us to onward toward greater connection, greater compassion, greater commitment to one another and to the earth. Together, **we are resilient and resourceful** enough to say "yes" to that call, to make it our life's work in a thousand different ways, knowing that we can do no other than bind ourselves more tightly together, and throw ourselves into **the holy work of showing up**, again and again, to be part of building that world of which we dream but which we have not yet seen.

Ashley Horan

The Rev. Ashley Horan is executive director of the Minnesota UU Social Justice Alliance and national learning coordinator for the Beloved Conversations program.

UU HELPERS - The people listed below have special skills you may need - remember shop locally!
If you have a skill/service you would like to advertise to our congregation, contact Jim at 509-929-3238.



DON GALLAGHER - Quality Carpentry - Remodeling, painting, roofing, plumbing and electrical repairs. Don Gallagher.
CONTACT: 509-306-0608.



RICHARD GALLAGHER - Experienced auto trouble-shooter. Services: repairs, carpooling, garden preparation, snow removal, unusables removed, needed items located. You have needs? Richard has solutions!!!
CONTACT: 509-306-9329.



BRUCE HAGEMEYER - Bruce Custom Remodeling - Licensed General Contractor
Building - Remodeling - Carpentry - Plans & Permits
CONTACT: 509-964-2086.



PAULA McMINN - Green Cleaning Service Housecleaning with earth friendly, non-toxic products. Experienced. Local references available. 509-859-1016 mmcminn18@gmail.com



JAN JAFFE — is now accepting adults for **music lessons!**

- Piano, guitar, voice
- Master of Music Education from CWU, 2009
- Flexible evening schedule for regular or special occasion lessons
- Experienced teacher
- Specializes in beginner & hobby adult lessons
- All music styles, songwriting, & theory

Also available as a performance coach for individuals, ensembles, bands, worship teams, etc. Improve skills and build confidence for talent shows, competitions, and workshops.



DEBBIE WILLIAMS - **Brick Road Books.** Used and new books. Turn your lightly used current reads into a donation to KVVUC - just tell Daniel or Debbie that the proceeds from selling your books should go to KVVUC. Family-owned and operated. Come in to 305 N. Main Street.
CONTACT: 509-925-1999.

COLENE RENEE — Find Your Story, Your Path, Your Purpose.



Colene Renee, CSH is a guide and teacher for helping you find what makes you vital, happy and living your beauty. Lena is available for Healing Sessions, Private Readings (in person/via phone), Inspirational Speaking & Classes. Call her at 509-312-0220. Visit her at CRhalenaRenee.com. Follow her blog!

Our web page: kvuu.org

Our Facebook site: <https://www.facebook.com/KVVUC>

